

ARK kit contents

Storage, care and disposal

Storage and care of the inhaler device:

- On a monthly basis, check that the inhaler is present, in date and the inhaler has a sufficient number of doses available
- Ensure that the blue plastic inhaler housing has been cleaned, dried and returned to the ARK kit following use
- Do not store the blue inhaler in temperatures above 25°C, do not refrigerate, do not freeze
- The blue inhaler can become blocked when not used for a long period of time. It should be regularly primed by spraying 2 puffs
- The blue inhaler can be reused provided it is thoroughly cleaned after emergency use:
 - Remove the inhaler canister, wash the blue plastic housing and cap in warm running water and leave it to dry in a clean safe place. Once dry, return the inhaler to the ARK kit

Storage and care of the Epi-Pen® devices (anaphylaxis kits only):

- On a monthly basis, check that the Epi-Pen® devices are present and in date
- Do not store the Epi-Pen® device in temperatures above 25°C, do not freeze
- Epi-Pen® are single use only and should not be returned to ARK kits after administration

Disposal:

- Empty inhalers should be returned to a pharmacy to be recycled rather than thrown away
- Used Epi-Pen® devices should be given to the ambulance paramedics on their arrival
- Expired Epi-Pen® devices can be disposed of in a pre-ordered sharps bin for collection by the local council

To order replacement ARK kits and the contents, please contact

Arcadia Medical: orders@arcadiamedical.co.uk